

First, we would like to thank every individual who has provided mental health and addiction services during these stressful times. Your work has not gone unnoticed, and we appreciate every individual in the community doing their part to provide a safe and healthy Wood County. Thank you!

As Board Members and staff, we will continue our business virtually. We are continually evaluating the situation with consideration for the circumstances happening around us throughout this time. It is our goal to keep our board, staff, and all visitors safe. With this in mind, office hours are available by appointment only. To schedule an appointment, or request information or resources, please contact us via phone or email: (419) 352-8475, or [wcadamhs@wcadamh.org](mailto:wcadamhs@wcadamh.org). All office staff are working remotely during regular office hours and are monitoring both voice mail and email. Information is also available through our website <https://www.wcadamh.org>. We will continue to provide resources and information through our social media and other media outlets, as well as continue to support our provider agencies in their efforts to keep everyone physically, and especially mentally, safe during these unprecedented times. Again, your efforts have not gone unnoticed, and you are one of the many groups of heroes through this pandemic.

Please continue to take the time to make sure your mental health needs are being met. There are many resources available for our community. Some of these include, but are not limited to:

- The Wood County Crisis Line 419-502-HOPE (4673)
- Text “4HOPE” at the Crisis Text Line by messaging 741-741.
- Dial 2-1-1 to be connected to any additional resources and referrals, including mental health treatment today, or any other resources you may need during this time.

As we go forward, there may be some individuals in the community experiencing mental health and addiction problems. Remember to continue showing compassion and kindness.

We would like to encourage our community to continue showing compassion and kindness towards others as we navigate this situation. We are all in this together in Wood County. You are not alone.