

WOOD COUNTY ALCOHOL, DRUG ADDICTION AND MENTAL HEALTH SERVICES BOARD

PROGRAM AND OUTCOMES MEETING MINUTES

February 14, 2022

ADAMHS BOARD MEMBERS PRESENT: Leslie Miller, Allan Baer, Jason Morris, Judy Ennis, Brandy Laux, Frank McLaughlin, Dan Lambert, Scott Kleiber

ABSENT: Cary Wise (E), Tonya Camden, Rachel Moore, Katie Frank

ADAMHS BOARD STAFF PRESENT: Deanna Chase, Aimee Coe, Laura Fullenkamp, Kathryn Shackleton

GUEST: Kyle Clark, Melanie Vandyne, Jessica Schmitt, Kathy Mull

CALL TO ORDER: Frank McLaughlin called the meeting to order at 5:44 PM.

NEW BUSINESS:

EMDR: Aimee informed us that we are looking to train our therapists working at CMHC's. To help explain EMDR, Aimee shared a short video of what it is and how it works. We hope to have a contract for Board approval at the February Board Meeting, through Personal Transformation Institute (PTI), to provide training for up to 25 therapists, not exceeding \$30,000. We previously polled agencies, asking how many therapists they might send, to arrive at this number. The cost of training is \$1,200 per person; training will be six days total, on-site (3-days of training followed by a break and another 3-days of training). This will then allow therapists to utilize this type of treatment with clients. Allan asked if only those who attend the training can provide the therapy, will be certified to provide EMDR. Aimee clarified that they would be trained, not certified. We have been told there is a lack of therapists who can provide this therapy. Leslie informed that she lost her EMDR therapist to COVID. This is a trauma-based therapy approach. Aimee told the committee that we hope to have this training by the end of the fiscal year. Leslie asked how we keep the therapists we send to training in Wood County. Aimee has suggested to agencies that they have trainees sign something. Frank asked what EMDR stands for. Aimee "Eye Movement Desensitization Reprocessing." Aimee informed that we had discussed her attending the training to be a help to the agencies and provide technical support. Leslie is concerned that we will lose therapists by providing this training. Aimee replied that we anticipate losing a few therapists, but the benefit outweighs that risk. Dan stated the agencies could have a provision to help mitigate that risk or sign something to pay back. Suggesting that maybe we can get the \$1200 back and retrain someone who might stay or who isn't as interested in leaving. Stating, "still have the benefit, but insulate yourself from the risk." Leslie thinks it is important to get EMDR in Wood County; Aimee replied this is our first step. Jason, the market is saturated with EMDR. Deanna commented that she would have stayed longer with the agency that allowed her to receive the training as a clinician.

OUTCOMES: Laura explained that this is certainly a work in progress, and the report looks different. At the start of the Outcomes Report (attached), a summary page provides an overview of agency outcomes. Continuing, each agency has a page providing an overview of outcomes, followed by a page dedicated to each program within that agency, with a summary of the program, which might be a success story or things to do better. We are working on the reported outcomes in some cases, as numbers are not realistic and are most likely pre-COVID. Laura stated that she wanted to introduce the report layout tonight and is

open to making changes but wanted to go over the highlights. She asked the committee what they think the best way to present this in the future might be. Covid is still a challenge for agencies. CRC anticipated providing support to 25 families in crisis and has served 145. Some programs aren't meeting numbers, and staff shortages are affecting this. Staffing shortages are very transient; one loses and another gains. Laura is working with different programs on reports and how numbers are reported. Where there is missing information, how they give us the data did not match the outcome. Some programs were not included in the outcomes reported. NAMI's annual report (attached) was included in the packet for committee review. What is most helpful for us to give out outcomes? Would the committee prefer to have Board staff present? Or the agencies on trouble programs, highs/lows, new programs? Leslie stated that having a provider representative available for questions would be helpful, but staff giving the overview is preferred. Allan, with this new report, we can see the outcomes and, if numbers aren't reported, being told that; also, an overall summary about how they are doing. Laura clarified that some programs are not required to report quarterly; they are annual reports, so numbers are all over the place. Judy, it's helpful to know that they have different requirements. Frank finds it helpful to have board staff feed us the info, knowing providers can answer questions or get into any depth. If we had providers do outcomes for us, we would be here a long time. It is expected that staff digest this and gives us what we need to hear. Deanna reiterated that we would speak about the summary page and have a provider representative answer questions. Frank likes the format of this new report and finds it more helpful than what we had before. General agreement to have providers present to answer questions. In sending out the report early, Deanna asked that committee then email questions so we can let agencies know ahead of time, so we have the answers for the meeting or the right representative present. Leslie would like to see historical data, goals, and outcomes, and the number of unmet for significant quarters if they aren't meeting consistently for more than two quarters; she wants to see more historical data. Laura offered to look into the specific programs Leslie refers to, and Leslie agreed to email her by the end of the week.

ALLOCATION PROCESS: Deanna informed us that we should be receiving allocation packets from agencies on February 25. We were considering having the agencies present to help answer some of the questions. Not on every program, on new or struggling programs. She notified that SOR money is ending at the end of September, and currently, there are a lot of programs funded through this, \$1.5 million. Anticipating we are not covering all of the programs that SOR covers, we have to look at these programs to decide which ones we want to continue to cover. Our goal is to get through everything by May and still have June as a backup. Dan asked if SOR was being replaced; Deanna answered, we haven't heard anything, not even whispers of replacement funds. Aimee stated that while attending Regional meetings, there has been no mention. Leslie asked why it was disappearing? Aimee answered those federal dollars flow through the state, but Feds haven't told the State of any replacement. Before SOR, there was CARES, so it changes. Allen stated that this makes outcomes so much more critical if we have to decide what to fund. We are going to want to see the efficacy of programs. Leslie stated historical data would help with this. Deanna suggested that Laura can build to track historical data moving forward. We can indicate what is SOR funded too.

OTHER

Deanna: With staffing changes at the board, we have been looking at who is good at what. When Chris left, Laura-who was already employed-is who we would have hired to replace him. The plan is to promote Laura to "Director of Criminal Justice and Compliance, Aimee will be taking on client rights and grievances, Kaylee who is a VISTA, is doing amazing, and with us through July 1. There might be a possible position that will be open that she may want to apply for.

PUBLIC COMMENTS

Kyle, ESC: invited everyone to listen on February 23rd to the public release of the ADAMHS Youth survey. This will not be here (ESC) or Commissioner's office as it has been in the past, but instead, the information released will be on Clint Corpe's morning show on 88.1 FM. The staff has an advanced copy to look things over. Information has been released to online paper and Sentinel to read/review and interview to publicize the same day. News channels will have it as well. Judy suggested WGBU-TV. Dan asked when Clint's show starts; Kyle informed 8 AM, but expecting on-air at 8:15. Frank asked if BG Independent had been contacted by Kyle, yes. Judy asked if superintendents were invited. Kyle-yes, he and Bill will even meet with each superintendent individually to present and answer. Also, have presented at different meetings. They can pull detailed grade data to point out specific concerns. Under 1% of kids have tried heroin, 13 kids just starting experimentation. Delaying alcohol and tobacco is paying off, and we are seeing it.

ADJOURN: Judy Ennis motioned to adjourn. Meeting adjourned at 6:25 PM

Approved by: Frank McS 3/14/2022
Program Chairperson Date

Submitted by Kathryn Shackleton, Executive Assistant

