



## RECOVERY ROADMAP

Exploring Behavioral Health Resources in Wood County, Ohio

Brought to you by:



January - April 2024 Edition

# Recovery Roadmap Community Newsletter



## 2024 Welcome!

Happy New Year! We hope that you have had the most amazing holiday season and that you are ready to begin this brand new year.

Welcome to the very first edition of the new Recovery Roadmap Community Newsletter! The newsletter was created by the Wood County (Ohio, that is!) Alcohol, Drug Addiction, and Mental Health Services Board. To allow all of us to catch our breath, going forward let's refer to our entity as the WCADAMHS Board. We are made up of 18 Board Members, seven Board Staff and one Macro Intern.

The WCADAMHS Board utilizes federal, state, and local taxpayer funding to manage, evaluate, and promote community-wide behavioral health services - both mental health and addiction recovery alike. Meaning that with the help of your taxpayer dollars, you aid in our work to help individuals to become the best version of themselves!

We began this newsletter as a way to share fun events, educational training opportunities, updates about our community behavioral health partners, and more!

Be sure to visit our website for more information!



Wood County

**ADAMHS**

Promoting Community Wellbeing

Alcohol, Drug Addiction and Mental Health Services Board

EDITION 1

WCADAMH.ORG

# Community-Wide Efforts



[wccadamh.org](http://wccadamh.org)

Because of the amazing Wood County community the WCADAMHS Board had an incredible 2023! We welcomed our new Executive Director, Amanda Kern, were able to spend time together at both the Wood County and Pemberville Free Fairs, received \$6.6M in American Rescue Plan Act (ARPA) funds to expand Youth Crisis Care with CRC, ate sweets together at different Trunk-or-Treats, and hosted our first annual Gratitude Gala! Want to know where we'll be next? Visit our website for events, resources, and more!

¿Necesitas recursos en español? ¡Visite nuestra página de recursos imprimibles!

The Wood County Suicide Prevention Coalition (WCSPC) is a community volunteers from diverse backgrounds who are united to prevent suicide as well as support survivors of suicide. The coalition pursues coordinated strategies to educate and increase awareness of suicide as a public health crisis and is committed to increasing knowledge of mental health resources across all age groups. Our coalition hosts a multitude of community events to build resilience and also bring awareness to suicide prevention. The SPC meets quarterly as a whole and has multiple subcommittees that meet regularly to plan and execute the goals and objectives developed each year. The SPC is funded through the Wood County ADAMHS, and the fiscal agent is NAMI Wood County. The coalition is always accepting dedicated volunteers.



WOOD COUNTY  
SUICIDE PREVENTION  
COALITION

[woodcountysuicideprevention.org](http://woodcountysuicideprevention.org)

For more information, please get in touch with Aimee Coe at [acoe@wccadamh.org](mailto:acoe@wccadamh.org).

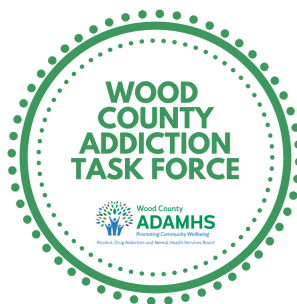
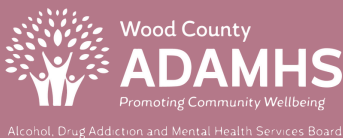
## NUMBERS TO REMEMBER

24/7 Crisis Care  
(Adults 18+):  
(419) 502-HOPE (4673)

24/7 Crisis Care  
(<17):  
(419) 352-7588

National Suicide Prevention Lifeline:  
988

Crisis Text Line:  
Text "4HOPE" to 741741



[wcpredvention.org](http://wcpredvention.org)

The Wood County Opiate task force provided leadership in the early years of the opiate epidemic and brought together treatment professionals and community experts to develop new strategies and share resources. Like many Opiate task forces throughout the state, our task force has evolved and is now the Addiction Task Force, and works collaboratively with the Wood County Prevention Coalition. The task force serves as the Opiate hub under Ohio statute. Meetings are held at the Educational Resource Center quarterly and host a variety of informative and educational topics. The task force also hosts events such as drug take-back day.

For more information on the Addiction Task Force or to get involved, please contact Aimee Coe at [acoe@wccadamh.org](mailto:acoe@wccadamh.org).

# Provider Updates



[woodcountyarc.com](http://woodcountyarc.com)

The Wood County Addiction Response Collaborative (ARC) is a program designed to assist individuals who have experienced opioid overdoses, substance abuse addictions, and families to create a bridge to recovery programs and resources. We work with many different treatment providers in our area, as well as throughout the State of Ohio to tailor the recovery program to what would best serve you or your loved one. We work diligently in service of the client, and will handle the sometimes daunting challenges faced with addiction, whether that be insurance or Medicaid issues, transportation, employment, and housing.

The Children's Resource Center has provided behavioral health services to the youth and families of Wood County since 1976, serving over 1,600 youth annually. Our mission is to provide child-centered, family-focused mental health and co-occurring mental health and substance abuse services to all Wood County and nearby families. We strive to provide collaborative, compassionate, affordable treatment to maximize every child's safety and future happiness.

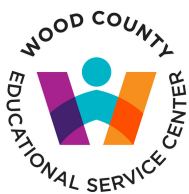


The need for youth behavioral health services continues to rise, with 1 in 7 adolescents experiencing a mental disorder globally, according to the World Health Organization. We see evidence of data like this in our own community as well, with the number of teens reporting a moderate, severe, or intense mental health issue significantly increasing in 2022 according to the Alcohol, Drug Addiction and Mental Health Services Board Youth Survey conducted for Wood County. The Children's Resource Center continues to address these rising concerns by providing a full spectrum of trauma-informed mental health and co-occurring mental health/substance abuse treatment and prevention services. We serve individuals from birth to 18 years of age, seriously emotionally disturbed children up to 21 in selected programs, and youth and young adults in transition up to age 24. Through an expansive range of behavioral health services, we help youth develop hope, build resilience, and discover joy in life once again.



The Cocoon is Wood County's comprehensive domestic and sexual violence agency providing shelter and advocacy services to survivors of domestic violence, sexual assault, sexual harassment, sex trafficking, stalking, and adult survivors of childhood sexual abuse.

The Cocoon serves women, men, and their children and is one of the few agencies of its kind in the country to be able to house family pets. Programs and services are provided at no cost to survivors and their families throughout their lifetimes.



[wcesc.org](http://wcesc.org)

The Community Learning Centers of Wood County Educational Service Center provide quality enrichment and extended learning activities for elementary children - kindergarten through sixth grades. Daily Before-school, After-school, and Summer STARS program meets the care and supervision needs of parents during out-of-school hours while engaging children in fun learning experiences that complement their school-day instruction.

The Wood County Educational Service Center's school and community based Prevention Education Program uses evidence-based programs in the classroom.

## Need Narcan?

### Narcan Vending Machines

#### 3 Convenient Locations!

- 1840 E. Gypsy Lane Rd. Bowling Green, OH 43402
- 115 W. State St. North Baltimore, OH 45872
- 800 Commerce Dr. #115 Perrysburg, OH 43551

To register for access to the Narcan Vending Machine dial:

**(419) 567-NO OD (6663)**



Need to know more about Narcan? Scan here!

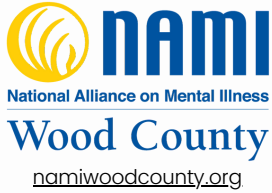


**(419) 567-NO OD  
(6663)**

Harbor is a leading mental health and substance use disorder treatment provider in Ohio. We are a not-for-profit mental health care agency that has been serving the community for over 100 years. Harbor serves over 24,000 youth, adults, seniors and families annually and provides a full range of mental health, telehealth, and substance use disorder treatment services. Harbor is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and certified by the Ohio Mental Health & Addiction Services (OhioMHAS).



**In Recent News:** Harbor announces their new President/CEO, Dustin Watkins on October 9, 2023. Harbor opened a Mental Health Urgent Care on October 16, 2023, located at 3909 Woodley Road in Toledo. They provide immediate care to individuals of all ages. No referral or appointment is needed, and individuals from Wood County can be treated!



National Alliance on Mental Illness (NAMI) Wood County is a leading self-help organization offering free events, educational classes, support groups, and other programs that address mental health for the Wood County community. NAMI Wood County has a variety of programming throughout the year! This programming is FREE and available to all Wood County residents. NAMI Wood County will be hosting their Peer-to-Peer, Family-to-Family, and Wellness Recovery Action Plan (WRAP) classes in 2024. If you are an individual living with a mental health condition, consider attending their Peer-to-Peer and/or WRAP class:

- **NAMI Peer-to-Peer** is an educational course for individuals living with a mental illness. NAMI Wood County will be hosting their next class starting **Wednesday, April 3rd from 5:30-7:30p.m.** at the NAMI Wood County office. Visit <https://namiwoodcounty.org/peer-peer/> to register for this FREE class.
- **The Wellness Recovery Action Plan (WRAP) Workshop** is a free of charge, self-designed, course on identifying your personal wellness tools. The next WRAP workshop takes place on **February 27th, 28th, 29th, and March 1st from 2:00-4:00p.m.** at the NAMI Wood County office. This workshop will focus on tools to achieve financial wellness within your life. Visit <https://namiwoodcounty.org/wrap/> to register for this FREE class.

NAMI Wood County also offers their **NAMI Connection Recovery Support Group every Wednesday from 12:00-1:30p.m.** at the NAMI Wood County office. This recovery support group is for adults living with mental illness, and provides respect, understanding, encouragement, and hope while facilitated by individuals with lived experience, meaning they too live with a mental health condition. No registration required for this FREE group. Visit <https://namiwoodcounty.org/nami-connection-recovery-support-group/> to learn more.

Do you have an adult child, adolescent, sibling, parent or loved one in your life who lives with a mental health condition? NAMI Wood County believes it is important to care for the caregiver through evidence-based family and caregiver programming. This spring, NAMI Wood County will be hosting **NAMI Family-to-Family**, an educational course for family, caregivers, and friends of individuals living with a mental illness. This class will be starting on **Thursday, April 4th from 6:00-8:30p.m.** at the NAMI Wood County office. Visit <https://namiwoodcounty.org/family-family/> to register for this FREE class.

Additionally, NAMI Wood County's Family and Caregiver support group is available for individuals who have family members, children, and/or loved ones in their lives who live with a mental health condition. This support group is a peer-led support group with facilitators who also have loved ones in their lives living with mental health conditions. **This FREE group meets the first and third Tuesday of the month from 3:00 - 4:30p.m.** at the NAMI Wood County office.

If you are interested in volunteering at NAMI Wood County, there are opportunities to get involved as a support group or class facilitator, office volunteer, and more, including "Chip-In Days," volunteer opportunities for all community members. Hosted on the second Tuesday of each month from 11:00AM-3:00PM, volunteers will be able to assist NAMI Wood County staff in various projects throughout the office including (but not limited to) folding brochures, helping with mailings, office organizing, and more. To register for Chip-In Day or to learn more about volunteering with NAMI Wood County, visit <https://namiwoodcounty.org/volunteer-with-nami-wood-county/>. For all questions pertaining to our programs, please e-mail [info@namiwoodcounty.org](mailto:info@namiwoodcounty.org) or call 419-352-0626. Last but not least, don't forget to follow NAMI Wood County on social media at @NAMIWoodCounty!

## Upcoming Events:

WCSPC - Feb. 8, 2024 @ 4 p.m.  
NAMI Wood County Office

WC Prevention Coalition - March 22, 2024 @ 9 a.m.  
WC Educational Services Center



With compassion and respect, OhioGuidestone helps people across the lifespan navigate the most difficult times of their lives. As the state's leader in community behavioral health care, we focus on the needs of the whole person, empowering them to take steps towards a healthier future. OhioGuidestone provides mental health and substance use treatment, focusing on responsive person-centered care. Our services are available in various settings to expand access to care, including the home, community, office, and through telehealth, catering to youth, adults, and families. Outpatient services can include, but are not limited to individual, family and group counseling, case management, peer support, relational skill building for parenting success, mental health psychiatry and Medication Assisted Treatment (MAT). OhioGuidestone's comprehensive Dialectical Behavior Therapy (DBT) program includes individual psychotherapy, skills groups and skills coaching to individuals and families focusing on difficult-to-treat problems when traditional therapies have been unsuccessful in making progress. At OhioGuidestone we believe in creating lasting,

productive solutions. Our criminal justice programs provide screening and support to incarcerated individuals for any potential behavioral health needs. These services are provided with the partnership of the Wood County Justice Center. Individuals receive screening upon entry to the jail to determine if they have any need for behavioral health treatment. If appropriate, individuals are referred for supportive services, including linkage to treatment, coordination with other involved systems, diagnostic assessment, group therapy and re-entry planning. Individuals are also assessed to see if they would benefit from Medication Assisted Treatment (MAT) for alcohol or opiate use, before release from incarceration as part of OhioGuidestone's Project Direct Link Program. These services help develop an action plan to encourage sustained change empowering individuals to take steps towards a healthier future.

Since our start, OhioGuidestone has been devoted to helping those in need by providing services to meet the challenges of the day on the cutting edge of mental health. Each day we use innovation, applied science, and community-based research to expand pathways for success. The Center for FASD at OhioGuidestone is one of the nation's oldest diagnostic clinics for Fetal Alcohol Spectrum Disorder (FASD). The Center for FASD offers assessment utilizing a multi-disciplinary approach of medical professionals. The Center for FASD offers counseling for children and caregivers, tools and techniques for those working with a child with a prenatal brain disorder and professional training and evidence-based curricula to help parents, teachers, social service providers and medical and allied health professionals to help children at every stage of their development.

As part of our mission to provide better access to care, OhioGuidestone offers quick, direct access to psychiatric providers through our Psychiatry First program. Psychiatry First engages patients' initial needs as quickly as possible, reducing wait times for appointments to see one of our psychiatric providers who can assess, diagnose and start treatment. Psychiatry First services offer a collaborative, person-centered approach to care to achieve patient goals. Medication is key in some areas of behavioral health. Symptom reduction through prescribed medication in conjunction with traditional therapy can increase the effectiveness of clinical services. OhioGuidestone's Rapid Access Program offers same-day, walk-in appointments with a prescriber for evaluation for Medication Assisted Treatment (MAT). Rapid Access is offered from 8:00am a.m. to 10:00 a.m. on Thursdays at our Wood County office, located at 885 Commerce Drive Perrysburg, OH 43551.

To begin services or refer an individual for services, please visit our website at [OhioGuidestone.org](http://OhioGuidestone.org) and select request services or call 419-740-5503. OhioGuidestone's Wood County office is located at 885 Commerce Drive Perrysburg, OH 43551.

Unison Health integrates primary healthcare into their overall approach to treating addiction to opioids and other drugs, as well as behavioral health concerns. In addition, Unison Health offers proven, evidence-based programming designed to ensure each client receives the care he or she needs.

The Survivors of Suicide Support Group is tailored for those who have lost a loved one to suicide. Recognizing unique challenges, the group offers a safe, non-judgmental space to discuss experiences, fears, and emotions openly. The Survivors of Suicide Support Group breaks down barriers by fostering connections among individuals who share a common bond. Through shared experiences and understanding, participants find strength in knowing that others have walked a similar path.

Groups meet every 2nd and 4th Tuesday of the month at 6 pm. The groups are located at Unison Health's 1084 S. Main Street office in Bowling Green, Ohio. All are welcome, and there is no charge, thanks to funding from the Wood County ADAMHS Board.



The Zepf Center operates a level three men's recovery house located in Cynnet, OH.

The residential sober living environment for individuals with a substance abuse problem, or who are in recovery. Recovery Housing focuses on strength-based approaches, 12 step facilitation, gender specific housing, cultural sensitivity and is welcoming of individuals with co-occurring conditions and/or on methadone.



## Wood County's Recovery Roadmap: An Original Podcast!

Want to hear about the behavioral health resources, the positive impacts of treatment, and more? Be sure to listen to this newsletter's sister-podcast: Wood County's Recovery Roadmap!



Now available anywhere podcasts are found!

**Abuse –Child**

W.C. Dept. of Job and Family Services 419-354-9669

**Abuse/Domestic w/ Threat of Violence** Dial 9-1-1**Abuse – Domestic**The Cocoon 419-373-1730  
First Step 419-435-7300**Abuse - Senior Citizens**

W.C. Dept. of Job and Family Services 419-354-9669

**Adoption**W.C. Dept. of Job and Family Services 419-352-7566  
W.C. Probate Court 419-354-9230**Alcoholism**

(See Substance Abuse)

**Autism**Wood Co. Board of DD 419-352-5115  
Bittersweet Farms 419-875-6986  
Autism Society 419-578-2766  
Wood County Hospital 419-354-8900**Behavioral/ Emotional Problems (See Mental Health)****Birth Certificates**

WC Health Dept 419-354-1050

**Budgeting**

Wood County Extension Service 419-354-9050

**Chemical Dependency**

(See Substance Abuse)

**Child/Elder Abuse/Neglect - Reporting**

W.C. Dept. of Job and Family Services 419-354-9669

**Child Support**W.C. Child Support Enforcement Agency 419-354-9270  
or 866-861-0657**Children (Services for)**Children's Resource Center 419-352-7588  
W.C. Educational Service Center 419-354-9010  
W.C. Dept. of Job and Family Services 419-352-7566  
W. C. Health Dept 419-352-8402  
W.C. Board of Developmental Disabilities 419-352-5115  
Help Me Grow 419-251-2453  
Court Appointed Special Advocates 419-352-3554**Clothing**Deacon's Shop (BG) 419-352-5176  
Clothesline (Perrysburg) 419-874-5704  
Salvation Army (coats) 419-352-5918  
Shared Bounty (Stony Ridge) 419-837-5115**Counseling**Harbor Wood County 419-352-5387 or 419-872-2419  
Ohio Guidestone 419-330-1349  
Unison 419-352-4624  
Lutheran Social Services 419-352-0702  
Children's Resource Ctr. 419-352-7588**Criminal Defense**

W.C. Public Defender 419-354-9244

**Day Care: Adult / Children**W.C. Dept. of Job and Family Services 419-352-7566  
YWCA Child Care Resource & Referral 800-632-3052  
W.C. Educ. Service Center 419-354-9010  
Great Lakes CAP (WSOS) 800-775-9767  
W.C. Comm.. on Aging 800-367-4935 or 419-353-5661**Death/Bereavement**Hospice of Northwest Ohio 419-661-4015  
Promedica Hospice 419-824-7400  
Lutheran Social Services 419-352-0702**Delivered Meals**W.C. Committee on Aging 800-367-4935 or 353-5661  
Wheeled Meals (W.C. Hospital) 419-354-8965**Dental**W. C. Community Health Center 419-354-9049  
Dental Center of Northwest Ohio 866-378-6965  
Penta Career Center 419-666-1120**Developmental Disabilities**

W.C. Board of Developmental Disabilities 419-352-5115

**Diapers**Brown Bag Food Project 419-960-5345  
W.C. Dept. of Job and Family Services 419-352-7566  
Her Choice (Pregnancy Ctr clients only) 419-354-4673**Disability Services**Ability Center 419-885-5733  
Sight Center 800-624-8378 or 419-720-3937  
Opportunities for Ohioans with Disabilities 419-866-5811  
Children w/ Medical Handicaps 419-352-8402  
W.C. Board of Developmental Disabilities 419-352-5115  
W.C. Educational Service Center 419-354-9010  
WLI- Work Leads to Independence 419-352-5059  
Penta Career Center 419-666-1120**Disaster Response & Recovery**American Red Cross 419-329-2900  
Emergency Management Agency 419-354-9269**Domestic Violence**The Cocoon 419-373-1730  
First Step 419-435-7300**Drug Abuse**

(See Substance Abuse)

**Elder/Child Abuse - Reporting**

W.C. Dept. of Job and Family Services 419-354-9669

**Elder Services**W.C. Committee on Aging (Senior Ctr.) 419-353-5661  
PASSPORT (Area Office on Aging) 419-382-0624**FOOD PANTRIES SERVING WOOD COUNTY:**

Call ahead for guidelines/hours

All Saints Catholic Church (Northern W.C.) 419-666-1393  
BG Christian Food Pantry (BG) 419-353-5174  
Bridge Fellowship (North Baltimore) 419-857-8177  
Brown Bag Food Project (Wood) 419-960-5345  
Christ United Methodist Church (Wood) 419-686-2621  
First United Methodist (Wood) 419-353-0682  
Foundation Stone Church (Northwood) 419-693-5102  
God's Storehouse (Lakota) 419-288-2114  
Good Samaritan Food Pantry (Eastwood) 419-287-4182  
Luckey Food Pantry (Eastwood) 419-833-2146  
Mom's Mobile Mission (Northern W.C.) 419-277-3618  
Otsego Food Pantry (Otsego) 419-830-1051  
Pantry Plus (Fostoria) 419-619-0183  
Pbg Christians United (North of 582) 419-874-7561  
Sharing Kitchen (Fostoria) 419-436-1667  
St. Aloysius Food Pantry (Wood) 419-352-4195  
St. John's Lutheran Church (North W.C.) 419-837-5115  
St. Thomas More Food Pantry (Wood) 419-352-7555  
Unity United Methodist- Northwood 419-693-5170  
Weston Church of Christ 419-669-3895**Employment Services**OhioMeansJobs-Wood County 419-352-4172  
W.C. Board of Developmental Disabilities 419-352-5115  
Harbor IPS 419-352-6460 or 419-265-3898  
Goodwill 419-255-0070  
WLI- Work Leads to Independence 419-352-5059  
Opportunities for Ohioans with Disabilities 419-866-5811**Eye**The Sight Center 800-624-8378 or 419-720-3937  
Prevent Blindness Ohio 800-301-2020 or 419-327-2020  
Ability Center 419-885-5733**Food Stamps/SNAP**

W.C. Dept. of Job and Family Services 844-640-6446

**Foster Care**

(See Adoption)

**Furniture (Gently Used)**

St. Mark's Lutheran Church 419-353-9305

**Guardianship**

W.C. Probate Court 419-354-9230

**Health Clinics**

W.C. Community Health Ctr. 419-354-9049

**Health Inspections**

W. C. Health Dept. 419-354-2702

**Hearing/Speech**Toledo Speech and Hearing Center 419-241-6219  
BGSU Speech & Hearing 419-372-2515  
Ability Center 419-885-5733  
W.C. Community Health Ctr. 419-354-9049**Home Care for the Elderly**W.C. Comm. on Aging 800-367-4935 or 353-5661  
PASSPORT (Area Office on Aging) 419-382-0624**Home Repair**Great Lakes CAP (WSOS) 800-775-9767  
Community Housing Impact (CHIP) 877-836-3206  
Habitat for Humanity of Wood County 419-481-8100**Hospital**

W.C. Hospital 419-354-8910 ER or 419-354-8900

**Housing**

(See also Rent/Mortgage)

Habitat for Humanity of Wood County 419-481-8100

**Hygiene**

W.C. Dept. of JFS (toiletries) 419-352-7566

**Immigrant Resources**La Conexión 419-308-2328  
Welcome BG 567-413-4003**Immunizations**

W.C. Health Dept. 419-352-8402

**Information & Referral**United Way 2-1-1 Dial 2-1-1  
WC Crisis Line 419-502-4673  
WC Recovery Helpline Dial 2-1-1**Juvenile Delinquency**W.C. Juvenile Court 419-352-3554  
W.C. Prosecutor 419-354-9250**Latinx Resources**

La Conexión 419-308-2328

**Legal Services/Resources**Community Christian Legal Service 419-482-8502  
Legal Aid Line 888-534-1432  
Family & Youth Advocacy Center 614-236-7236  
W.C. Law Library (resources only) 419-353-3921**Literacy / GED / Job Training**Penta County Adult Education 419-661-6555  
Owens Community College 1-800-GO-OWENS  
W.C. Educational Service Center 419-354-9010  
OhioMeansJobs-Wood County 419-352-4172  
Great Lakes CAP (WSOS) 800-775-9767

**Meals (Free community)**

|                                  |              |
|----------------------------------|--------------|
| BG Christian Food Pantry         | 419-353-5174 |
| First Christian Church- BG       | 419-354-3989 |
| Sharing Kitchen- Fostoria        | 419-435-1884 |
| St. Mark's Lutheran- BG          | 419-353-9305 |
| Zoar Lutheran Church- Perrysburg | 419-874-4346 |
| Islamic Center of Greater Toledo | 419-874-3509 |

**Medical Assistance**

|                                       |                                 |
|---------------------------------------|---------------------------------|
| W.C. Community Health Ctr.            | 419-354-9049                    |
| W.C. Hospital                         | 419-354-8910 ER or 419-354-8900 |
| W.C. Dept. of Job and Family Services | 844-640-6446                    |

**Mental Health**

|  |                              |
|--|------------------------------|
| Harbor Wood County                       | 419-352-5387 or 419-872-2419 |
| Children's Resource Ctr.                 | 419-352-7588                 |
| Ohio Guidestone                          | 419-330-1349                 |
| Unison                                   | 419-352-4624                 |
| Lutheran Social Services                 | 419-352-0702                 |
| Zepf Center                              | 419-841-7701                 |
| W.C. Community Health Ctr.               | 419-354-9049                 |
| Nat. Alliance Mental Illness (NAMI) Wood | 419-352-0626                 |

**Mental Health: Crisis Number, I & R**

|                                     |              |
|-------------------------------------|--------------|
| WC Crisis Line                      | 419-502-4673 |
| Recovery Helpline (substance abuse) | 2-1-1        |

**Nutrition/ Food Safety**

|                                 |              |
|---------------------------------|--------------|
| W. C. Health Dept               | 419-352-8402 |
| WIC Women, Infants and Children | 419-354-9661 |
| W.C. Extension Service          | 419-354-9050 |
| W.C. Hospital                   | 419-354-8900 |

**Parenting**

|                            |              |
|----------------------------|--------------|
| Children's Resource Center | 419-352-7588 |
|----------------------------|--------------|

**Paternity**

|                                       |                              |
|---------------------------------------|------------------------------|
| W.C. Child Support Enforcement Agency | 419-354-9270                 |
| W.C. Juvenile Court                   | 419-352-3554 or 419-354-9205 |

**Prescriptions**

|                               |              |
|-------------------------------|--------------|
| W.C. Community Health Ctr.    | 419-354-9049 |
| Salvation Army in Wood County | 419-352-5918 |
| W.C. Veterans Service Office  | 419-354-9147 |

**Public Assistance**

|                                       |              |
|---------------------------------------|--------------|
| W.C. Dept. of Job and Family Services | 844-640-6446 |
|---------------------------------------|--------------|

**Rent/ Mortgage**

|   |              |
|---|--------------|
| W.C. Dept. of Job and Family Services     | 419-352-7566 |
| Great Lakes CAP (WSOS)                    | 419-333-4006 |
| Salvation Army                            | 419-352-5918 |
| W.C. Veterans Service Office              | 419-354-9147 |
| Wood Area Ministries                      | 419-352-1322 |
| Perrysburg Christians United (Pbg) united | 419-407-7857 |

**Senior Citizens**

|                         |              |
|-------------------------|--------------|
| W.C. Committee on Aging | 419-353-5661 |
|-------------------------|--------------|

**Shelter**

|                                   |              |
|-----------------------------------|--------------|
| Salvation Army                    | 419-352-5918 |
| The Cocoon                        | 419-373-1730 |
| United Way 2-1-1                  | Dial 2-1-1   |
| First Step                        | 419-435-7300 |
| American Red Cross (fire victims) | 419-329-2900 |

**Speech/Hearing**

(See Hearing/Speech)

**Substance Abuse- Inpatient Treatment**

|                            |              |
|----------------------------|--------------|
| New Vision- W.C. Hospital  | 419-728-0604 |
| Arrowhead                  | 419-891-9333 |
| Harbor/Devlac Hall (Women) | 419-352-6460 |
| Unison                     | 419-352-4624 |

**Substance Abuse- Outpatient/Medication Treatment**

|                            |              |
|----------------------------|--------------|
| Harbor Wood County         | 419-475-4449 |
| Lutheran Social Services   | 419-352-0702 |
| Ohio Guidestone            | 419-330-1349 |
| Unison                     | 419-352-4624 |
| Brightview                 | 833-510-4357 |
| Children's Resource Center | 419-352-7588 |

**Suicide Prevention**

|                                  |              |
|----------------------------------|--------------|
| WC Crisis Line                   | 419-502-4673 |
| HOPE National Suicide Prevention | 800-273-8255 |
| Children's Resource Center       | 419-352-7588 |

**Support Groups**

|  |              |
|--|--------------|
| Nat. Alliance Mental Illness (NAMI) Wood | 419-352-0626 |
| Narcotics Anonymous                      | 419-250-6262 |
| Heroin Anonymous                         | 419-322-0619 |
| AA Central Office                        | 419-380-9862 |
| W.C. Comm. on Aging (senior caregiver)   | 419-353-5661 |

**Tenant Rights**

|                                      |              |
|--------------------------------------|--------------|
| The Fair Housing Center              | 419-243-6163 |
| Legal Aid Line                       | 888-534-1432 |
| City of Bowling Green (BG Residents) | 419-354-6221 |

**Transportation Services**

|                                    |                              |
|------------------------------------|------------------------------|
| BG Transit (BG residents only)     | 800-579-4299                 |
| NET Plus (Medical & Mental Health) | 844-353-6779                 |
| Ride Right (Perrysburg only)       | 419-872-8430                 |
| W.C. Comm. on Aging                | 800-367-4935 or 419-353-5661 |
| W.C. Veterans Service Office       | 419-354-9147                 |

**Utility Assistance**

|                                       |              |
|---------------------------------------|--------------|
| Great Lakes CAP (WSOS)                | 567-432-5046 |
| W.C. Dept. of Job and Family Services | 419-352-7566 |
| Salvation Army                        | 419-352-5918 |
| Wood County Area Ministries           | 419-352-1322 |
| Perrysburg Christians United          | 419-407-7857 |

**Veterans**

|   |              |
|---|--------------|
| W.C. Veterans Service Office            | 419-354-9147 |
| Great Lakes CAP (WSOS)                  | 800-775-9767 |
| Veterans Crisis Line                    | 800-273-8255 |
| Military Discharge: W.C. Records Office | 419-354-9140 |

**Victim/Witness Assistance**

|                           |              |
|---------------------------|--------------|
| W.C. Prosecuting Attorney | 419-354-9250 |
| The Cocoon                | 419-373-1730 |
| First Step                | 800-466-6228 |

**Youth Services**

|                                 |              |
|---------------------------------|--------------|
| W.C. Educational Service Center | 419-354-9010 |
| W.C. Extension Service (4-H)    | 419-354-9050 |
| YMCA                            | 419-251-9622 |
| Big Brothers / Big Sisters      | 419-243-4600 |

Toll Free Number to any W.C. Governmental Office:  
1-866-860-4140



Any changes to the information on this list should be sent to Shannon Fisher at [shannon.fisher@jfs.ohio.gov](mailto:shannon.fisher@jfs.ohio.gov)

Last updated 10-4-23  
Visit [www.co.wood.oh.us](http://www.co.wood.oh.us)  
for the most up-to-date form

**Alphabetical Listing of Agencies**

|   |                              |
|---|------------------------------|
| Ability Center                              | 419-885-5733                 |
| American Cancer Society                     | 888-227-6446                 |
| American Heart Assoc.                       | 800-242-8721                 |
| American Red Cross                          | 419-329-2900                 |
| Autism Society                              | 419-578-2766                 |
| BG Transit                                  | 800-579-4299                 |
| BGSU Speech & Hearing                       | 419-372-2515                 |
| Bittersweet Farms                           | 419-875-6986                 |
| Bowling Green Christian Food Pantry         | 419-353-5174                 |
| Bowling Green Parks and Recreation          | 419-354-6223                 |
| Brown Bag Food Project                      | 419-960-5345                 |
| Community Housing Impact (CHIP)             | 877-836-3206                 |
| Children with Medical Handicaps             | 419-352-8402                 |
| Children's Resource Cntr.                   | 419-352-7588                 |
| Cocoon (The)                                | 419-373-1730                 |
| Community Christian Legal Service           | 419-482-8502                 |
| Court Appointed Special Advocate (CASA)     | 419-352-3554                 |
| Dental Center of NWO                        | 866-378-6965                 |
| Emergency Management Agency                 | 419-354-9269                 |
| First Step                                  | 419-435-7300                 |
| Great Lakes CAP (WSOS)                      | 800-775-9767                 |
| Habitat for Humanity of Wood County         | 419-481-8100                 |
| Harbor Wood County                          | 419-352-5387 or 419-872-2419 |
| Her Choice (BG Pregnancy Center)            | 419-354-4673                 |
| Hospice of Northwest Ohio                   | 419-661-4001                 |
| La Conexión                                 | 419-308-2328                 |
| Legal Aid Line                              | 888-534-1432                 |
| Lutheran Social Services                    | 419-352-0702                 |
| Military Discharge: W.C. Records Office     | 419-354-9140                 |
| Nat. Alliance Mental Illness (NAMI) Wood    | 419-352-0626                 |
| W.C. NET Plus                               | 844-353-6779                 |
| Ohio Guidestone                             | 419-330-1349                 |
| Opportunities for Ohioans with Disabilities | 419-866-5811                 |
| PASSPORT (Area Office on Aging)             | 419-382-0624                 |
| Penta Adult Education                       | 419-661-6555                 |
| Penta Career Center                         | 419-666-1120                 |
| Perrysburg Christians United (Pbg) united   | 419-874-7561                 |
| Planned Parenthood                          | 419-255-1115                 |
| Prevent Blindness Ohio                      | 800-301-2020 or 419-327-2020 |
| Promedica Home Health                       | 419-291-0141                 |
| Ride Right (Perrysburg)                     | 419-872-8430                 |
| Salvation Army (BG)                         | 419-352-5918                 |
| Sight Center (The)                          | 800-624-8378 or 419-720-3937 |
| St. Marks Lutheran Church                   | 419-353-9305                 |
| Toledo Speech and Hearing Center            | 419-241-6219                 |
| United Way, W.C. Office                     | 419-352-2390                 |
| Unison                                      | 419-352-4624                 |
| Wheeled Meals (W.C. Hospital)               | 419-354-8965                 |
| W.C. Alcohol, Drug, Mental Health Board     | 419-352-8475                 |
| Wood County Area Ministries                 | 419-352-1322                 |
| W.C. Board of Developmental Disabilities    | 419-352-5115                 |
| W.C. Child Support Enforcement Agency       | 419-354-9270                 |
| W.C. Committee on Aging (Senior Ctr.)       | 419-353-5661                 |
| W.C. Community Health Center                | 419-354-9049                 |
| W. C. Crisis Line                           | 419-502-4673                 |
| W.C. Department of Job & Family Service     | 419-352-7566                 |
| W.C. Educational Service Center             | 419-354-9010                 |
| W.C. Emergency Management Agency            | 419-354-9269                 |
| W.C. Employment Resource Center             | 419-352-4172                 |
| W.C. Extension Service                      | 419-354-9050                 |
| W. C. Health Dept.                          | 419-352-8402                 |
| W.C. Hospital                               | 419-354-8910 ER or 354-8900  |
| W.C. Humane Society                         | 419-352-7339                 |
| W.C. Juvenile Court                         | 419-352-3554                 |
| W.C. Nursing Home                           | 419-353-8411                 |
| W.C. Parks & Recreation                     | 419-343-1897                 |
| W.C. Public Library                         | 419-352-5104                 |
| W.C. Planning Commission                    | 419-354-9128                 |
| W.C. Probate Court                          | 419-354-9230                 |
| W.C. Prosecutor                             | 419-354-9250                 |
| W.C. Public Defender                        | 419-354-9244                 |
| W.C. Veterans Service Office                | 419-354-9147                 |
| Welcome BG                                  | 567-413-4003                 |
| WIC - Women, Infants and Children           | 419-354-9661                 |
| YWCA Child Care Resource & Referral         | 800-632-3052                 |
| Zepf Center                                 | 419-841-7701                 |



For regional and state resources, visit [211nwo.org](http://211nwo.org)

This newsletter is free to print and use!  
Media Contact: Kaylee Smith, [ksmith@wcadamh.org](mailto:ksmith@wcadamh.org)