



## RECOVERY ROADMAP

Exploring Behavioral Health Resources in Wood County, Ohio

Brought to you by:



January - April 2024 Edition

# Recovery Roadmap Provider Newsletter



## 2024 Welcome!

Happy New Year! We hope that you have had the most amazing holiday season and that you are ready to begin this brand new year.

Welcome to the very first edition of the new Recovery Roadmap Provider Newsletter! The newsletter was created by the Wood County (Ohio, that is!) Alcohol, Drug Addiction, and Mental Health Services Board. To allow all of us to catch our breath, going forward let's refer to our entity as the WCADAMHS Board. We are made up of 18 Board Members, seven Board Staff and one Macro Intern.

The WCADAMHS Board utilizes federal, state, and local taxpayer funding to manage, evaluate, and promote community-wide behavioral health services - both mental health and addiction recovery alike. Meaning that with the help of your taxpayer dollars, you aid in our work to help individuals to become the best version of themselves!

We began this newsletter as a way to share fun events, educational training opportunities, updates about our community behavioral health partners, and more!

Be sure to visit our website for more information!



Wood County

**ADAMHS**

Promoting Community Wellbeing

Alcohol, Drug Addiction and Mental Health Services Board

EDITION 1

WCADAMH.ORG

# Community-Wide Efforts



[wccadamh.org](http://wccadamh.org)

Because of the amazing Wood County community the WCADAMHS Board had an incredible 2023! We welcomed our new Executive Director, Amanda Kern, were able to spend time together at both the Wood County and Pemberville Free Fairs, received \$6.6M in American Rescue Plan Act (ARPA) funds to expand Youth Crisis Care with CRC, ate sweets together at different Trunk-or-Treats, and hosted our first annual Gratitude Gala! Want to know where we'll be next? Visit our website for events, resources, and more!

¿Necesitas recursos en español? ¡Visite nuestra página de recursos imprimibles!

The Wood County Suicide Prevention Coalition (WCSPC) is a community volunteers from diverse backgrounds who are united to prevent suicide as well as support survivors of suicide. The coalition pursues coordinated strategies to educate and increase awareness of suicide as a public health crisis and is committed to increasing knowledge of mental health resources across all age groups. Our coalition hosts a multitude of community events to build resilience and also bring awareness to suicide prevention. The SPC meets quarterly as a whole and has multiple subcommittees that meet regularly to plan and execute the goals and objectives developed each year. The SPC is funded through the Wood County ADAMHS, and the fiscal agent is NAMI Wood County. The coalition is always accepting dedicated volunteers.



WOOD COUNTY  
SUICIDE PREVENTION  
COALITION

[woodcountysuicideprevention.org](http://woodcountysuicideprevention.org)

For more information, please get in touch with Aimee Coe at [acoe@wccadamh.org](mailto:acoe@wccadamh.org).

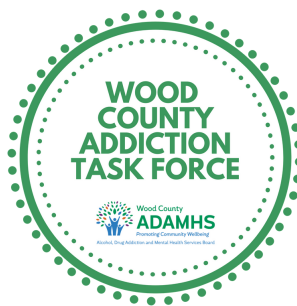
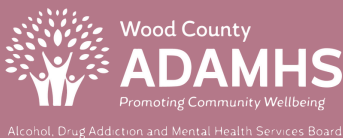
## NUMBERS TO REMEMBER

24/7 Crisis Care  
(Adults 18+):  
(419) 502-HOPE (4673)

24/7 Crisis Care  
(<17):  
(419) 352-7588

National Suicide Prevention Lifeline:  
988

Crisis Text Line:  
Text "4HOPE" to 741741



[wcpredvention.org](http://wcpredvention.org)

The Wood County Opiate task force provided leadership in the early years of the opiate epidemic and brought together treatment professionals and community experts to develop new strategies and share resources. Like many Opiate task forces throughout the state, our task force has evolved and is now the Addiction Task Force, and works collaboratively with the Wood County Prevention Coalition. The task force serves as the Opiate hub under Ohio statute. Meetings are held at the Educational Resource Center quarterly and host a variety of informative and educational topics. The task force also hosts events such as drug take-back day.

For more information on the Addiction Task Force or to get involved, please contact Aimee Coe at [acoe@wccadamh.org](mailto:acoe@wccadamh.org).

# Provider Updates



[woodcountync.com](http://woodcountync.com)

The Wood County Addiction Response Collaborative (ARC) is a program designed to assist individuals who have experienced opioid overdoses, substance abuse addictions, and families to create a bridge to recovery programs and resources. We work with many different treatment providers in our area, as well as throughout the State of Ohio to tailor the recovery program to what would best serve you or your loved one. We work diligently in service of the client, and will handle the sometimes daunting challenges faced with addiction, whether that be insurance or Medicaid issues, transportation, employment, and housing.

With the support of the WCADAMHS Board, CRC will expand its crisis stabilization continuum with the addition of a youth crisis stabilization center for the Northwest Ohio region. This project will be funded as part of the \$90 million ARPA Investment in Ohio's Crisis Continuum through the Ohio Department of Mental Health and Addiction Services. CRC will expand its current crisis stabilization residential service from eight beds to sixteen beds, consisting of ten traditional crisis beds and six intensive stabilization beds. CRC will also develop youth psychiatric urgent care services, two crisis observation rooms. CRC will continue to provide Mobile Response Stabilization Services to the youth of Wood County.



CRC continues to prioritize trauma-informed care in all service provision, utilizing structure and guidance from the Substance Abuse and Mental Health Services Administration.



The Cocoon is Wood County's comprehensive domestic and sexual violence agency providing shelter and advocacy services to survivors of domestic violence, sexual assault, sexual harassment, sex trafficking, stalking, and adult survivors of childhood sexual abuse.

The Cocoon serves women, men, and their children and is one of the few agencies of its kind in the country to be able to house family pets. Programs and services are provided at no cost to survivors and their families throughout their lifetimes.



The Community Learning Centers of Wood County Educational Service Center provide quality enrichment and extended learning activities for elementary children - kindergarten through sixth grades. Daily Before-school, After-school, and Summer STARS program meets the care and supervision needs of parents during out-of-school hours while engaging children in fun learning experiences that complement their school-day instruction.

The Wood County Educational Service Center's school and community based Prevention Education Program uses evidence-based programs in the classroom.

## Need Narcan?

### Narcan Vending Machines



#### 3 Convenient Locations!

- 1840 E. Gypsy Lane Rd. Bowling Green, OH 43402
- 115 W. State St. North Baltimore, OH 45872
- 800 Commerce Dr. #115 Perrysburg, OH 43551

To register for access to the Narcan Vending Machine dial:

**(419) 567-NO OD (6663)**



**FREE AND AVAILABLE TO THE PUBLIC!**

Need to know more about Narcan? Scan here!

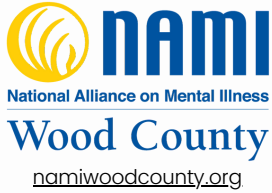


**(419) 567-NO OD (6663)**

Harbor is a leading mental health and substance use disorder treatment provider in Ohio. We are a not-for-profit mental health care agency that has been serving the community for over 100 years. Harbor serves over 24,000 youth, adults, seniors and families annually and provides a full range of mental health, telehealth, and substance use disorder treatment services. Harbor is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and certified by the Ohio Mental Health & Addiction Services (OhioMHAS).



**In Recent News:** Harbor announces their new President/CEO, Dustin Watkins on October 9, 2023. Harbor opened a Mental Health Urgent Care on October 16, 2023, located at 3909 Woodley Road in Toledo. They provide immediate care to individuals of all ages. No referral or appointment is needed, and individuals from Wood County can be treated!



National Alliance on Mental Illness (NAMI) Wood County is a leading self-help organization offering free events, educational classes, support groups, and other programs that address mental health for the Wood County community. NAMI Wood County has a variety of programming throughout the year! This programming is FREE and available to all Wood County residents. NAMI Wood County will be hosting their Peer-to-Peer, Family-to-Family, and Wellness Recovery Action Plan (WRAP) classes in 2024. If you are an individual living with a mental health condition, consider attending their Peer-to-Peer and/or WRAP class:

- **NAMI Peer-to-Peer** is an educational course for individuals living with a mental illness. NAMI Wood County will be hosting their next class starting **Wednesday, April 3rd from 5:30-7:30p.m.** at the NAMI Wood County office. Visit <https://namiwoodcounty.org/peer-peer/> to register for this FREE class.
- **The Wellness Recovery Action Plan (WRAP) Workshop** is a free of charge, self-designed, course on identifying your personal wellness tools. The next WRAP workshop takes place on **February 27th, 28th, 29th, and March 1st from 2:00-4:00p.m.** at the NAMI Wood County office. This workshop will focus on tools to achieve financial wellness within your life. Visit <https://namiwoodcounty.org/wrap/> to register for this FREE class.

We also offer our **NAMI Connection Recovery Support Group every Wednesday from 12:00-1:30p.m.** at the NAMI Wood County office. This recovery support group is for adults living with mental illness, and provides respect, understanding, encouragement, and hope while facilitated by individuals with lived experience, meaning they too live with a mental health condition. No registration required for this FREE program. Visit <https://namiwoodcounty.org/nami-connection-recovery-support-group/> to learn more.

If you are working with families such as parents, grandparents, friends, guardians, siblings, aunts/uncles or friends of an individual involved in services, let them know about our FREE programming available for family, friends, and loved ones of those living with mental illness. In align with our mission, NAMI Wood County believes it is important to care for the caregiver through evidence-based family and caregiver programming. This spring, NAMI Wood County will be hosting **NAMI Family-to-Family**, an educational course for family, caregivers, and friends of individuals living with a mental illness. This class will be starting on **Thursday, April 4th from 6:00-8:30p.m.** at the NAMI Wood County office. Visit <https://namiwoodcounty.org/family-family/> to register for this FREE class.

Additionally, **NAMI Wood County's Family and Caregiver** support group is available for individuals who have family members, children, and/or loved ones in their lives who live with a mental health condition. This support group is a peer-led support group with facilitators who also have loved ones in their lives living with mental health conditions. This FREE group meets the **first and third Tuesday of the month from 3:00 - 4:30p.m.** at the NAMI Wood County office.

We will also be hosting a training for behavioral health care workers called **NAMI Provider** on **Friday, March 15th from 9:00-2:00p.m.** NAMI Provider is a FREE training for health care workers who provide services for individuals living with mental illness. This training provides a first-person perspective from individuals living in recovery and loved ones of individuals living with a mental health condition. FREE 3.75 continuing education units are available through the Ohio Counselor, Social Worker, and Marriage and Family Therapist Board. Visit <https://namiwoodcounty.org/nami-provider/> to register.

If you are interested in volunteering at NAMI Wood County, there are opportunities to get involved as a support group or class facilitator, office volunteer, and more, including **"Chip-In Days," volunteer opportunities for all community members.** Hosted on the **second Tuesday of each month from 11:00AM-3:00PM**, volunteers will be able to assist NAMI Wood County staff in various projects throughout the office including (but not limited to) folding brochures, helping with mailings, office organizing, and more. To register for Chip-In Day or to learn more about volunteering with NAMI Wood County, visit <https://namiwoodcounty.org/volunteer-with-nami-wood-county/>. For all questions pertaining to our programs, please e-mail [info@namiwoodcounty.org](mailto:info@namiwoodcounty.org) or call 419-352-0626. Last but not least, don't forget to follow NAMI Wood County on social media at @NAMIWoodCounty!

### Upcoming Events:

WCSPC - Feb. 8, 2024 @ 4 p.m.  
NAMI Wood County Office

WC Prevention Coalition - March 22, 2024 @ 9 a.m.  
WC Educational Services Center



With compassion and respect, OhioGuidestone helps people across the lifespan navigate the most difficult times of their lives. As the state's leader in community behavioral health care, we focus on the needs of the whole person, empowering them to take steps towards a healthier future. OhioGuidestone provides mental health and substance use treatment, focusing on responsive person-centered care. Our services are available in various settings to expand access to care, including the home, community, office, and through telehealth, catering to youth, adults, and families. Outpatient services can include, but are not limited to individual, family and group counseling, case management, peer support, relational skill building for parenting success, mental health psychiatry and Medication Assisted Treatment (MAT). OhioGuidestone's comprehensive Dialectical Behavior Therapy (DBT) program includes individual psychotherapy, skills groups and skills coaching to individuals and families focusing on difficult-to-treat problems when traditional therapies have been unsuccessful in making progress. At OhioGuidestone we believe in creating lasting,

productive solutions. Our criminal justice programs provide screening and support to incarcerated individuals for any potential behavioral health needs. These services are provided with the partnership of the Wood County Justice Center. Individuals receive screening upon entry to the jail to determine if they have any need for behavioral health treatment. If appropriate, individuals are referred for supportive services, including linkage to treatment, coordination with other involved systems, diagnostic assessment, group therapy and re-entry planning. Individuals are also assessed to see if they would benefit from Medication Assisted Treatment (MAT) for alcohol or opiate use, before release from incarceration as part of OhioGuidestone's Project Direct Link Program. These services help develop an action plan to encourage sustained change empowering individuals to take steps towards a healthier future.

Since our start, OhioGuidestone has been devoted to helping those in need by providing services to meet the challenges of the day on the cutting edge of mental health. Each day we use innovation, applied science, and community-based research to expand pathways for success. The Center for FASD at OhioGuidestone is one of the nation's oldest diagnostic clinics for Fetal Alcohol Spectrum Disorder (FASD). The Center for FASD offers assessment utilizing a multi-disciplinary approach of medical professionals. The Center for FASD offers counseling for children and caregivers, tools and techniques for those working with a child with a prenatal brain disorder and professional training and evidence-based curricula to help parents, teachers, social service providers and medical and allied health professionals to help children at every stage of their development.

As part of our mission to provide better access to care, OhioGuidestone offers quick, direct access to psychiatric providers through our Psychiatry First program. Psychiatry First engages patients' initial needs as quickly as possible, reducing wait times for appointments to see one of our psychiatric providers who can assess, diagnose and start treatment. Psychiatry First services offer a collaborative, person-centered approach to care to achieve patient goals. Medication is key in some areas of behavioral health. Symptom reduction through prescribed medication in conjunction with traditional therapy can increase the effectiveness of clinical services. OhioGuidestone's Rapid Access Program offers same-day, walk-in appointments with a prescriber for evaluation for Medication Assisted Treatment (MAT). Rapid Access is offered from 8:00am a.m. to 10:00 a.m. on Thursdays at our Wood County office, located at 885 Commerce Drive Perrysburg, OH 43551.

To begin services or refer an individual for services, please visit our website at [OhioGuidestone.org](http://OhioGuidestone.org) and select request services or call 419-740-5503. OhioGuidestone's Wood County office is located at 885 Commerce Drive Perrysburg, OH 43551.

Unison Health integrates primary healthcare into their overall approach to treating addiction to opioids and other drugs, as well as behavioral health concerns. In addition, Unison Health offers proven, evidence-based programming designed to ensure each client receives the care he or she needs.

The Survivors of Suicide Support Group is tailored for those who have lost a loved one to suicide. Recognizing unique challenges, the group offers a safe, non-judgmental space to discuss experiences, fears, and emotions openly. The Survivors of Suicide Support Group breaks down barriers by fostering connections among individuals who share a common bond. Through shared experiences and understanding, participants find strength in knowing that others have walked a similar path.

Groups meet every 2nd and 4th Tuesday of the month at 6 pm. The groups are located at Unison Health's 1084 S. Main Street office in Bowling Green, Ohio. All are welcome, and there is no charge, thanks to funding from the Wood County ADAMHS Board.



The Zepf Center operates a level three men's recovery house located in Cynnet, OH.

The residential sober living environment for individuals with a substance abuse problem, or who are in recovery. Recovery Housing focuses on strength-based approaches, 12 step facilitation, gender specific housing, cultural sensitivity and is welcoming of individuals with co-occurring conditions and/or on methadone.



## Wood County's Recovery Roadmap: An Original Podcast!

Want to hear about the behavioral health resources, the positive impacts of treatment, and more? Be sure to listen to this newsletter's sister-podcast: Wood County's Recovery Roadmap!



Now available anywhere podcasts are found!

**Abuse –Child**  
W.C. Dept. of Job and Family Services 419-354-9669

**Abuse/Domestic w/ Threat of Violence** Dial 9-1-1

**Abuse – Domestic**  
The Cocoon 419-373-1730  
First Step 419-435-7300

**Abuse - Senior Citizens**  
W.C. Dept. of Job and Family Services 419-354-9669

**Adoption**  
W.C. Dept. of Job and Family Services 419-352-7566  
W.C. Probate Court 419-354-9230

**Alcoholism** (See Substance Abuse)

**Autism**  
Wood Co. Board of DD 419-352-5115  
Bittersweet Farms 419-875-6986  
Autism Society 419-578-2766  
Wood County Hospital 419-354-8900

**Behavioral/ Emotional Problems** (See Mental Health)

**Birth Certificates**  
WC Health Dept 419-354-1050

**Budgeting**  
Wood County Extension Service 419-354-9050

**Chemical Dependency** (See Substance Abuse)

**Child/Elder Abuse/Neglect - Reporting**  
W.C. Dept. of Job and Family Services 419-354-9669

**Child Support**  
W.C. Child Support Enforcement Agency 419-354-9270  
or 866-861-0657

**Children (Services for)**  
Children's Resource Center 419-352-7588  
W.C. Educational Service Center 419-354-9010  
W.C. Dept. of Job and Family Services 419-352-7566  
W. C. Health Dept 419-352-8402  
W.C. Board of Developmental Disabilities 419-352-5115  
Help Me Grow 419-251-2453  
Court Appointed Special Advocates 419-352-3554

**Clothing**  
Deacon's Shop (BG) 419-352-5176  
Clothesline (Perrysburg) 419-874-5704  
Salvation Army (coats) 419-352-5918  
Shared Bounty (Stony Ridge) 419-837-5115

**Counseling**  
Harbor Wood County 419-352-5387 or 419-872-2419  
Ohio Guidestone 419-330-1349  
Unison 419-352-4624  
Lutheran Social Services 419-352-0702  
Children's Resource Ctr. 419-352-7588

**Criminal Defense**  
W.C. Public Defender 419-354-9244

**Day Care: Adult / Children**  
W.C. Dept. of Job and Family Services 419-352-7566  
YWCA Child Care Resource & Referral 800-632-3052  
W.C. Educ. Service Center 419-354-9010  
Great Lakes CAP (WSOS) 800-775-9767  
W.C. Comm.. on Aging 800-367-4935 or 419-353-5661

**Death/Bereavement**  
Hospice of Northwest Ohio 419-661-4015  
Promedica Hospice 419-824-7400  
Lutheran Social Services 419-352-0702

**Delivered Meals**  
W.C. Committee on Aging 800-367-4935 or 353-5661  
Wheeled Meals (W.C. Hospital) 419-354-8965

**Dental**  
W. C. Community Health Center 419-354-9049  
Dental Center of Northwest Ohio 866-378-6965  
Penta Career Center 419-666-1120

**Developmental Disabilities**  
W.C. Board of Developmental Disabilities 419-352-5115

**Diapers**  
Brown Bag Food Project 419-960-5345  
W.C. Dept. of Job and Family Services 419-352-7566  
Her Choice (Pregnancy Ctr clients only) 419-354-4673

**Disability Services**  
Ability Center 419-885-5733  
Sight Center 800-624-8378 or 419-720-3937  
Opportunities for Ohioans with Disabilities 419-866-5811  
Children w/ Medical Handicaps 419-352-8402  
W.C. Board of Developmental Disabilities 419-352-5115  
W.C. Educational Service Center 419-354-9010  
WLI- Work Leads to Independence 419-352-5059  
Penta Career Center 419-666-1120

**Disaster Response & Recovery**  
American Red Cross 419-329-2900  
Emergency Management Agency 419-354-9269

**Domestic Violence**  
The Cocoon 419-373-1730  
First Step 419-435-7300

**Drug Abuse** (See Substance Abuse)

**Elder/Child Abuse - Reporting**  
W.C. Dept. of Job and Family Services 419-354-9669

**Elder Services**  
W.C. Committee on Aging (Senior Ctr.) 419-353-5661  
PASSPORT (Area Office on Aging) 419-382-0624

**FOOD PANTRIES SERVING WOOD COUNTY:**  
Call ahead for guidelines/hours

All Saints Catholic Church (Northern W.C.) 419-666-1393  
BG Christian Food Pantry (BG) 419-353-5174  
Bridge Fellowship (North Baltimore) 419-857-8177  
Brown Bag Food Project (Wood) 419-960-5345  
Christ United Methodist Church (Wood) 419-686-2621  
First United Methodist (Wood) 419-353-0682  
Foundation Stone Church (Northwood) 419-693-5102  
God's Storehouse (Lakota) 419-288-2114  
Good Samaritan Food Pantry (Eastwood) 419-287-4182  
Luckey Food Pantry (Eastwood) 419-833-2146  
Mom's Mobile Mission (Northern W.C.) 419-277-3618  
Otsego Food Pantry (Otsego) 419-830-1051  
Pantry Plus (Fostoria) 419-619-0183  
Pbg Christians United (North of 582) 419-874-7561  
Sharing Kitchen (Fostoria) 419-436-1667  
St. Aloysius Food Pantry (Wood) 419-352-4195  
St. John's Lutheran Church (North W.C.) 419-837-5115  
St. Thomas More Food Pantry (Wood) 419-352-7555  
Unity United Methodist- Northwood 419-693-5170  
Weston Church of Christ 419-669-3895

**Employment Services**  
OhioMeansJobs-Wood County 419-352-4172  
W.C. Board of Developmental Disabilities 419-352-5115  
Harbor IPS 419-352-6460 or 419-265-3898  
Goodwill 419-255-0070  
WLI- Work Leads to Independence 419-352-5059  
Opportunities for Ohioans with Disabilities 419-866-5811

**Eye**  
The Sight Center 800-624-8378 or 419-720-3937  
Prevent Blindness Ohio 800-301-2020 or 419-327-2020  
Ability Center 419-885-5733

**Food Stamps/SNAP**  
W.C. Dept. of Job and Family Services 844-640-6446

**Foster Care** (See Adoption)

**Furniture (Gently Used)**  
St. Mark's Lutheran Church 419-353-9305

**Guardianship**  
W.C. Probate Court 419-354-9230

**Health Clinics**  
W.C. Community Health Ctr. 419-354-9049

**Health Inspections**  
W. C. Health Dept. 419-354-2702

**Hearing/Speech**  
Toledo Speech and Hearing Center 419-241-6219  
BGSU Speech & Hearing 419-372-2515  
Ability Center 419-885-5733  
W.C. Community Health Ctr. 419-354-9049

**Home Care for the Elderly**  
W.C. Comm. on Aging 800-367-4935 or 353-5661  
PASSPORT (Area Office on Aging) 419-382-0624

**Home Repair**  
Great Lakes CAP (WSOS) 800-775-9767  
Community Housing Impact (CHIP) 877-836-3206  
Habitat for Humanity of Wood County 419-481-8100

**Hospital**  
W.C. Hospital 419-354-8910 ER or 419-354-8900

**Housing** (See also Rent/Mortgage)  
Habitat for Humanity of Wood County 419-481-8100

**Hygiene**  
W.C. Dept. of JFS (toiletries) 419-352-7566

**Immigrant Resources**  
La Conexión 419-308-2328  
Welcome BG 567-413-4003

**Immunizations**  
W.C. Health Dept. 419-352-8402

**Information & Referral**  
United Way 2-1-1 Dial 2-1-1  
WC Crisis Line 419-502-4673  
WC Recovery Helpline Dial 2-1-1

**Juvenile Delinquency**  
W.C. Juvenile Court 419-352-3554  
W.C. Prosecutor 419-354-9250

**Latinx Resources**  
La Conexión 419-308-2328

**Legal Services/Resources**  
Community Christian Legal Service 419-482-8502  
Legal Aid Line 888-534-1432  
Family & Youth Advocacy Center 614-236-7236  
W.C. Law Library (resources only) 419-353-3921

**Literacy / GED / Job Training**  
Penta County Adult Education 419-661-6555  
Owens Community College 1-800-GO-OWENS  
W.C. Educational Service Center 419-354-9010  
OhioMeansJobs-Wood County 419-352-4172  
Great Lakes CAP (WSOS) 800-775-9767

**Meals (Free community)**

BG Christian Food Pantry	419-353-5174
First Christian Church- BG	419-354-3989
Sharing Kitchen- Fostoria	419-435-1884
St. Mark's Lutheran- BG	419-353-9305
Zoar Lutheran Church- Perrysburg	419-874-4346
Islamic Center of Greater Toledo	419-874-3509

**Medical Assistance**

W.C. Community Health Ctr.	419-354-9049
W.C. Hospital	419-354-8910 ER or 419-354-8900
W.C. Dept. of Job and Family Services	844-640-6446

**Mental Health**

Harbor Wood County	419-352-5387 or 419-872-2419
Children's Resource Ctr.	419-352-7588
Ohio Guidestone	419-330-1349
Unison	419-352-4624
Lutheran Social Services	419-352-0702
Zepf Center	419-841-7701
W.C. Community Health Ctr.	419-354-9049
Nat. Alliance Mental Illness (NAMI) Wood	419-352-0626

**Mental Health: Crisis Number, I & R**

WC Crisis Line	419-502-4673
Recovery Helpline (substance abuse)	2-1-1

**Nutrition/ Food Safety**

W. C. Health Dept	419-352-8402
WIC Women, Infants and Children	419-354-9661
W.C. Extension Service	419-354-9050
W.C. Hospital	419-354-8900

**Parenting**

Children's Resource Center	419-352-7588
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**Paternity**

W.C. Child Support Enforcement Agency	419-354-9270
W.C. Juvenile Court	419-352-3554 or 419-354-9205

**Prescriptions**

W.C. Community Health Ctr.	419-354-9049
Salvation Army in Wood County	419-352-5918
W.C. Veterans Service Office	419-354-9147

**Public Assistance**

W.C. Dept. of Job and Family Services	844-640-6446
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**Rent/ Mortgage**

W.C. Dept. of Job and Family Services	419-352-7566
Great Lakes CAP (WSOS)	419-333-4006
Salvation Army	419-352-5918
W.C. Veterans Service Office	419-354-9147
Wood Area Ministries	419-352-1322
Perrysburg Christians United (Pbg) United	419-407-7857

**Senior Citizens**

W.C. Committee on Aging	419-353-5661
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**Shelter**

Salvation Army	419-352-5918
The Cocoon	419-373-1730
United Way 2-1-1	Dial 2-1-1
First Step	419-435-7300
American Red Cross (fire victims)	419-329-2900

**Speech/Hearing**

(See Hearing/Speech)

**Substance Abuse- Inpatient Treatment**

New Vision- W.C. Hospital	419-728-0604
Arrowhead	419-891-9333
Harbor/Devlac Hall (Women)	419-352-6460
Unison	419-352-4624

**Substance Abuse- Outpatient/Medication Treatment**

Harbor Wood County	419-475-4449
Lutheran Social Services	419-352-0702
Ohio Guidestone	419-330-1349
Unison	419-352-4624
Brightview	833-510-4357
Children's Resource Center	419-352-7588

**Suicide Prevention**

WC Crisis Line	419-502-4673
HOPE National Suicide Prevention	800-273-8255
Children's Resource Center	419-352-7588

**Support Groups**

Nat. Alliance Mental Illness (NAMI) Wood	419-352-0626
Narcotics Anonymous	419-250-6262
Heroin Anonymous	419-322-0619
AA Central Office	419-380-9862
W.C. Comm. on Aging (senior caregiver)	419-353-5661

**Tenant Rights**

The Fair Housing Center	419-243-6163
Legal Aid Line	888-534-1432
City of Bowling Green (BG Residents)	419-354-6221

**Transportation Services**

BG Transit (BG residents only)	800-579-4299
NET Plus (Medical & Mental Health)	844-353-6779
Ride Right (Perrysburg only)	419-872-8430
W.C. Comm. on Aging	800-367-4935 or 419-353-5661
W.C. Veterans Service Office	419-354-9147

**Utility Assistance**

Great Lakes CAP (WSOS)	567-432-5046
W.C. Dept. of Job and Family Services	419-352-7566
Salvation Army	419-352-5918
Wood County Area Ministries	419-352-1322
Perrysburg Christians United	419-407-7857

**Veterans**

W.C. Veterans Service Office	419-354-9147
Great Lakes CAP (WSOS)	800-775-9767
Veterans Crisis Line	800-273-8255
Military Discharge: W.C. Records Office	419-354-9140

**Victim/Witness Assistance**

W.C. Prosecuting Attorney	419-354-9250
The Cocoon	419-373-1730
First Step	800-466-6228

**Youth Services**

W.C. Educational Service Center	419-354-9010
W.C. Extension Service (4-H)	419-354-9050
YMCA	419-251-9622
Big Brothers / Big Sisters	419-243-4600

Toll Free Number to any W.C. Governmental Office:  
1-866-860-4140



Any changes to the information on this list should be

sent to Shannon Fisher at  
[shannon.fisher@jfs.ohio.gov](mailto:shannon.fisher@jfs.ohio.gov)

Last updated 10-4-23  
Visit [www.co.wood.oh.us](http://www.co.wood.oh.us)  
for the most up-to-date form

**Alphabetical Listing of Agencies**

Ability Center	419-885-5733
American Cancer Society	888-227-6446
American Heart Assoc.	800-242-8721
American Red Cross	419-329-2900
Autism Society	419-578-2766
BG Transit	800-579-4299
BGSU Speech & Hearing	419-372-2515
Bittersweet Farms	419-875-6986
Bowling Green Christian Food Pantry	419-353-5174
Bowling Green Parks and Recreation	419-354-6223
Brown Bag Food Project	419-960-5345
Community Housing Impact (CHIP)	877-836-3206
Children with Medical Handicaps	419-352-8402
Children's Resource Cntr.	419-352-7588
Cocoon (The)	419-373-1730
Community Christian Legal Service	419-482-8502
Court Appointed Special Advocate (CASA)	419-352-3554
Dental Center of NWO	866-378-6965
Emergency Management Agency	419-354-9269
First Step	419-435-7300
Great Lakes CAP (WSOS)	800-775-9767
Habitat for Humanity of Wood County	419-481-8100
Harbor Wood County	419-352-5387 or 419-872-2419
Her Choice (BG Pregnancy Center)	419-354-4673
Hospice of Northwest Ohio	419-661-4001
La Conexión	419-308-2328
Legal Aid Line	888-534-1432
Lutheran Social Services	419-352-0702
Military Discharge: W.C. Records Office	419-354-9140
Nat. Alliance Mental Illness (NAMI) Wood	419-352-0626
W.C. NET Plus	844-353-6779
Ohio Guidestone	419-330-1349
Opportunities for Ohioans with Disabilities	419-866-5811
PASSPORT (Area Office on Aging)	419-382-0624
Penta Adult Education	419-661-6555
Penta Career Center	419-666-1120
Perrysburg Christians United (Pbg) United	419-874-7561
Planned Parenthood	419-255-1115
Prevent Blindness Ohio	800-301-2020 or 419-327-2020
Promedica Home Health	419-291-0141
Ride Right (Perrysburg)	419-872-8430
Salvation Army (BG)	419-352-5918
Sight Center (The)	800-624-8378 or 419-720-3937
St. Marks Lutheran Church	419-353-9305
Toledo Speech and Hearing Center	419-241-6219
United Way, W.C. Office	419-352-2390
Unison	419-352-4624
Wheeled Meals (W.C. Hospital)	419-354-8965
W.C. Alcohol, Drug, Mental Health Board	419-352-8475
Wood County Area Ministries	419-352-1322
W.C. Board of Developmental Disabilities	419-352-5115
W.C. Child Support Enforcement Agency	419-354-9270
W.C. Committee on Aging (Senior Ctr.)	419-353-5661
W.C. Community Health Center	419-354-9049
W. C. Crisis Line	419-502-4673
W.C. Department of Job & Family Service	419-352-7566
W.C. Educational Service Center	419-354-9010
W.C. Emergency Management Agency	419-354-9269
W.C. Employment Resource Center	419-352-4172
W.C. Extension Service	419-354-9050
W. C. Health Dept.	419-352-8402
W.C. Hospital	419-354-8910 ER or 354-8900
W.C. Humane Society	419-352-7339
W.C. Juvenile Court	419-352-3554
W.C. Nursing Home	419-353-8411
W.C. Parks & Recreation	419-343-1897
W.C. Public Library	419-352-5104
W.C. Planning Commission	419-354-9128
W.C. Probate Court	419-354-9230
W.C. Prosecutor	419-354-9250
W.C. Public Defender	419-354-9244
W.C. Veterans Service Office	419-354-9147
Welcome BG	567-413-4003
WIC - Women, Infants and Children	419-354-9661
YWCA Child Care Resource & Referral	800-632-3052
Zepf Center	419-841-7701



For regional and state resources, visit [211nwo.org](http://211nwo.org)

This newsletter is free to print and use!  
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